



THE LANTERN



➤ ➤ The Official Newsletter of the Northeast Region Staff College
Civil Air Patrol

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<http://nersc.nhplm.org>

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Today in History Alpha

July 15: 1971 – President Richard Nixon stuns the nation by announcing on radio and television that he will be the first sitting U.S. President to visit communist China.

Integrity without knowledge is weak and useless, and knowledge without integrity is dangerous and dreadful.

Samuel Johnson

Ready for the HUNT



FLAH FLASH FLASH

Volley Ball Game Staff Won by Default.



Quote of the Day

Alpha

“Leadership is the art of getting someone else to do something you want done because he wants to do it “

Dwight Eisenhower

Why are we here?

No matter how good your skills are, you can make them better.

No matter how good your organization is, you can make it better.

Make it happen, make it fun and the improvement will come.

NERSC Social—Picnic

Staff and Students had a great time at the NERSC Picnic. The Picnic was held at Fort DIX.

Lot's of food and drink for all. There shakey start to the events as it rained most of the afternoon but the weather cleared enough and in time for us to still enjoy the evening.



ROOT BEER



CHICKEN WINGS™

BY MICHAEL AND STEFAN STRASSER



Leadership is stated as the "process of social influence in which one person can enlist the aid and support of others in the accomplishment of a common task. Definitions more inclusive of followers have also emerged. Alan Keith stated that, "Leadership is ultimately about creating a way for people to contribute to making something extraordinary happen." Tom DeMarco says that leadership needs to be distinguished from posturing.

NERSC Social—Picnic



Who is the Officer on the left ???



Leading Volunteers

Leading the adults who volunteer their time can often be more challenging than leading the Cadets. Your job is to rise to that challenge. There are five hurdles standing in your way to building an effective adult volunteer team.

challenge #1-earning their trust

No matter what your credentials, no one qualifies for automatic trust. Your Cadets, their parents, and your Senior members want proof that you're a competent leader. That will take time, and the proof will show up in the small things. Establish confidence by paying attention to little things:

- Show up on time to meetings.
- Return phone calls within 24 hours.
- Do what you promise to do.
- Establish clear policies on basic procedures and address expectations.

challenge #2-developing solid relationships

Your relationships with your Staff and Members are the key to formation of your long-term goals and development.

challenge #3- setting healthy boundaries

Healthy boundaries create a thriving environment for relationships. In her book *Beyond Codependency*, Melody Beattie writes: "The goal of having and setting boundaries isn't to build thick walls around ourselves. The purpose is to gain enough security and sense of self to get close to others without the threat of losing ourselves, smothering them, trespassing, or being invaded. Boundaries are the key to loving relationships."

challenge #4- squeezing your connection time into your volunteers' packed schedules

An over packed schedule is the new norm in our culture. Many adults just don't have the time to get the kind of training they really need. The solution is to get creative when you plan your meetings.

Make sure your meetings are concise, relevant, and end on time. Your Staff and Members will trust you when they sense you respect their time. Many meetings and communications could more conveniently be conducted through email. Consider holding an occasional "virtual meeting" by posting the agenda or training documents for review.

challenge #5 - equipping volunteers for success

Your guidance, direction, and training will determine your volunteers' effectiveness. Former president Ronald Reagan once said, "A great leader doesn't do great things; he inspires others to do great things."

What's Next After Completing Level IV?

By The Members of Alpha Seminar, the A-Team +

So once the students of the 2010 NER Staff College graduate the program on Saturday the 17th of July they will have accomplished one of the goals all seniors seeking to obtain their Level IV achievement and the Paul E. Garber Award provided they also complete all other requirements for this achievement, they may then ask themselves, "What's next?" The answer to this question is simple, the fifth and final CAP achievement for senior members, the Gill Robb Wilson Award.

"The Constitution of America only guarantees pursuit of happiness -- you have to catch up with it yourself. Fortunately, happiness is something that depends not on position but on disposition, and life is what you make it." Those were the words of the Civil Air Patrol's first executive officer and co-founder and it's not surprising that the fifth and final level of the CAP Senior Member Professional Development Program is named after him.

Gill Robb Wilson was born in the state of Pennsylvania on September 18, 1892 and in his youth became one of the first generation of aviators in America. When the war clouds grew over Europe Wilson answered the call to duty even before the United States entered World War I on the side of the allies by joining the Lafayette Flying Corps (not the Lafayette Escadrille) which was an American unit of pilots serving in the French Air Corp.

After the war Wilson continued his flying and decided to turn his passion into a lucrative career and in 1930 he became the director of aviation in New Jersey and later the first director of the Civil Air Patrol. During World War II Wilson served as a correspondent for the New York Herald Tribune newspaper. Besides his aviation career Wilson was also a Presbyterian minister, his autobiography "I Walked with Giants" was published in 1968. Gill Robb Wilson passed away in 1966 and will forever be remembered by anyone who puts on a CAP uniform, cadets and especially senior members.

The Gill Robb Wilson Award is Civil Air Patrol's (CAP) highest award for Senior Member professional development. It recognizes senior members who have dedicated themselves to leadership and personal development in the CAP. The CAP first gave this award in 1964 to honor the late Gill Robb Wilson. He is regarded as the founder of Civil Air Patrol, and served as CAP's first executive officer.

Opportunities & Obligations



You have done something very special. Less than 1% of the CAP senior membership completes Region Staff College every year. This puts you in an exclusive club... a club which affords you great opportunity as well as great obligations.

Region Staff College is the premier Leadership & Professional development course for your region. You will have learned more about CAP as an organization; have received in-depth education on leadership, management, and communications topics; most importantly met fellow members with different yet complementary skill sets & experiences. Comparable Corporate programs would cost you many hundreds of dollars & would not be tailored to the CAP culture, and yet you will find that you can use what you learn here at work as well as at your meeting place.

Completion of RSC, as part of completing Level IV; will allow you to ascend to the senior ranks of Civil Air Patrol, enhanced considerations for staff & command assignments; receipt of the Paul E. Garber Award & status as a leader.

You will also have a special objective to share what you've learned with your fellow members, Cadets & seniors when you go back home. Your task will be to make your little corner of CAP better, your unit more efficient, experienced members more effective, newer members more welcome & better equipped to get the most from their service. Always with an eye to the Core Values: & always with the awareness that we all serve freely; & all have something special to give.

So congratulations on your achievement; good luck in your future! Semper Paratus



Bobbie – Jean Tourville
Chief, Professional Development, NHQ-CAP
NERSC Grad, Class of 1994

Aerospace Education - Seen On The Base

Question: Do you know the name of the aircraft in the photo? Do you know what the civilian version of the aircraft is? Do you know why one particular aircraft in the fleet was called “Independence?”

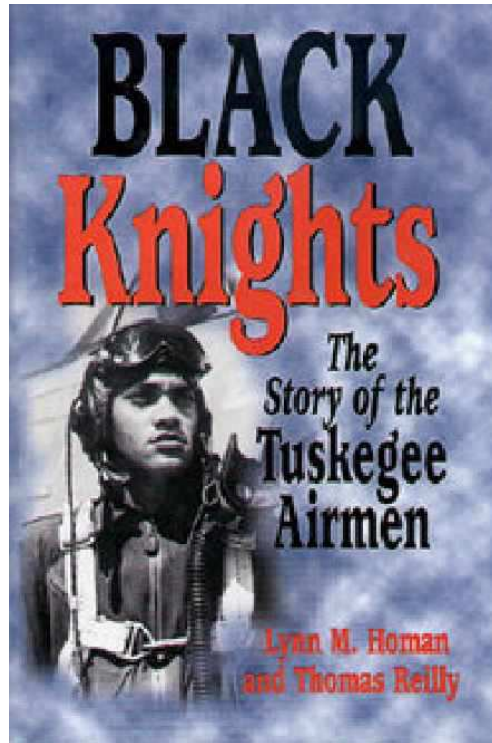
- a) C 131 Skymaster
- b) C121 Starmaster
- c) C118 Liftmaster
- d) C125 Lodemaster

For the answer see...

The aircraft is a C118 Liftmaster. In civilian operation, airlines operated the aircraft also. It was built by Douglas Aircraft and known as the DC6. Independence, was Harry Truman’s first presidential aircraft, its special designation was VC118.



During World War II, black fighter pilots fought the Germans abroad and racism in the ranks...may we never forget...and may future generations understand the way it was...



The sky was the limit--literally! After the successful flight of Orville and Wilbur Wright in 1903, Americans of all races were stung by the love bug of flight. In the late 1920's and 1930's African Americans in great numbers began their love affair with flight. They learned the basics of flight on either American soil or abroad, and created their own flight schools and clubs.

This love affair was kindled in the late 1930's, when the United States Government created Civilian Pilot Training Programs throughout the country to provide a surplus of pilots in case of a national emergency. African Americans were included in these programs, although trained at segregated facilities.



The Tuskegee Airmen were dedicated, determined young men who enlisted to become America's first black military airmen, at a time when there were many people who thought that black men lacked intelligence, skill, courage and patriotism. They came from every section of the country, with large numbers coming from New York City, Washington, Los Angeles, Chicago, Philadelphia and Detroit. Each one possessed a strong personal desire to serve the United States of America at the best of his ability.

Their love of flight became fully ablaze amid World War II as political pressure challenged the government to expand the role of African Americans in the military. The Army Air Corps was the first agency to accept the challenge. Tuskegee Institute, a small black college in Alabama, was selected to host the "military experiment" to train African American pilots and support staff--thus the Tuskegee Airmen were born.

Tuskegee Airmen, Inc.®



Giving History A Future!

<http://www.tuskegeearmen.org/>

Those who possessed the physical and mental qualifications were accepted as aviation cadets to be trained initially as single-engine pilots and later to be either twin-engine pilots, navigators or bombardiers. Most were college graduates or undergraduates. Others demonstrated their academic qualifications through comprehensive entrance examinations.

The outstanding performance of the over 15,000 men and women who shared the "Tuskegee Experience" from 1942-1946, is immortalized at the Tuskegee Airmen National Historic Site.

<http://www.nps.gov/tuai/>

One of the key responsibilities of a Leader is to make decisions regarding the project. Most decisions will be relatively simple to make, but there may come a time when you have to make a decision that will not please everyone.

Some decisions are made quickly while there are others that involve a lot of deliberation. Then there are those that can't be altered as compared to those that can be revoked.

Effective Leadership Skills

For effective leadership & management, the leader needs to have quite a few qualities and skills. So what is it that makes a person an effective leader? **People-Skills:** Whatever the monetary and non-monetary rewards, employees will only be really motivated to work if they know what it is that is motivating the leader. So a leader should be able to communicate the effective leadership strategies and his vision to the rest of the team in a way that the employees too feel that 'yes! This is what we want too!'.

Vision: A leader is a visionary and this quality, more than any other, sets a leader apart from the followers. Followers blindly align themselves to the vision and goals of the leader and help the leader accomplish them. But without an envisioned leader, the team will be a directionless group.

Ability to Change: The external business environment is becoming more and more dynamic and a leader should be able to change with the times. He should be able to align his vision with what the market wants.

Set a Benchmark: A leader should be able to set a performance benchmark and be what he expects the employees to be. He himself should display the set of qualities which he expects from his team.

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Listening and Not Just Talking: A lot of employees complain that their boss doesn't listen to what they have to contribute and is not open to suggestions. If the leader chooses to listen to what his team has to say, they may be able make valuable suggestions to make a process more effective. Hence, listening too is one of the most important practices for effective leadership.

Solving: The path to a goal is often strewn with traps and obstacles. Hence, a leader should have good problem solving and analytical skills which will help him and the team overcome any problem in the path to their goal.

Ability to Motivate Others: A leader should know how to get the work done from his team. He should be able to motivate his workers with monetary and non-monetary rewards. He should be able to make his team a part of his vision. A leader should be able to coach his team so that they can give their best performance.

Discipline: A leader should be well disciplined himself and should be able to imbibe qualities like professionalism and hard work in his team as well.

Recipe for Arroz Con Gandules

By Maj Ismael Lugo, Jr.

Alpha Seminar, The A-Team

It's easy - give it a try.

2 cups short grain rice (rinsed)

- long grain will work too

4-5 cups of hot water - appx.

½ cup ready made sofrito

16 ounce can of gandules

(cooked green pigeon peas)

2 tablespoons of alcaparrado (cappars and olives mixed together)

1 packet of goya Sazon (go to the Spanish section) with achiote

1 can goya tomato sauce

3 tablespoons of oil

Salt & pepper to taste

In a medium size cooking pot add the oil, tomato sauce, goya sofrito and sazón. Cook over medium heat for 4 minutes. Add all other ingredients, and enough water to cover the rice 1" above the rice line. Start with 1 teaspoon of salt stir and keep adding and mixing well until you are satisfied with the taste. Bring to a boil and cook over high heat until most of the water is absorbed. Once the water has been absorbed, stir gently from bottom to top - once or twice only, cover and turn the heat down to low. Cook for 30 minutes or until the rice is tender. Stirring the rice after it has begun cooking may cause it to get sticky or "sloppy."

Any rice that sticks to the bottom of the pot is called "pegao" and is crispy and tasty and a favorite of all true Puerto Ricans. However, not everyone is skilled in making pegao - it is an art. To make great pegao make sure to use plenty of oil. Cook for about 10 minutes longer so the pegao gets crispy and keep your eye on it. Each time you cook rice - check to see how long it takes to make pegao just the way your family likes it. Finally - if you want a lot of pegao - use a bigger caldero which, of course, will have a larger bottom surface.





RULES OF THE MESS

Follow these rules and chances are you will avoid a trip to the Grog Bowl:

Thou shalt arrive within 10 minutes of the appointed hour.

Thou shalt make every effort to meet all guests.

Thou shalt not bring cocktails or lighted smoking material into the mess.

Thou shalt not leave the mess whilst convened. Military protocol overrides all calls of nature.

Thou shalt participate in all toasts unless thyself or thy group is honored with a toast.

Thou shalt ensure thy glass is always charged when toasting.

Thou shalt keep toasts and comments within the limits of good taste and mutual respect.

Thou shalt not murder the queen's English.

Thou shalt fall into disrepute with thy peers if the pleats of the cummerbund are not properly faced.

Thou shalt also be painfully regarded if thy clip-on bow rides at an obvious list. Thou shalt be forgiven, however, if thee also ride at a compatible list.

Thou shalt not question the decisions of the President.

Thou shalt not open the hanger doors. (Thou shalt not discuss business.)

Thou shalt enjoy thyself to the fullest.

IF YOU GET SENT TO THE GROG:

At various times during a Dining-Out, a member may be sent to the Grog Bowl as punishment for violating the rules of the mess. The President, Vice President or any member of the mess can note infractions warranting a trip to the grog bowl. Members bring infractions to the attention of the President by raising a point of order. Normally, the President determines the validity of the charge. However, if the validity of the charge is in question, the members of the mess will vote on the charge by tapping their spoons on the table.

The contents of the grog bowl are best left to the imagination of the planning committee.

Using proper facing movements, march to the grog bowls.

Face the mess, your back to the grog bowls. Salute the President of the mess.

Perform an about face and take an empty cup in your left hand. Dip the cup into your chosen grog.

Do an about face; raise your cup and toast, **"TO THE MESS."**

Drain your cup of every drop in one tip of the cup, then place the cup, upside-down, upon your head.

Lower the cup and do another about face, placing the empty cup on the table.

Do a final about face and again salute the President of the Mess.

Using proper facing movements, return to your table.

Should anyone forget a step or perform one incorrectly, you will be given the opportunity to repeat each step again!



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Tsgt Mohnney

